The Greenwise Gazette

Tending to Creation at Immanuel Anglican Church, Regina



Getting Ready for Christmas Tips for a Sustainable Festive Season

Christmas is just around the corner and preparations are in full swing now, but while it's the most wonderful time of the year, it's not the most environmentally-friendly.

This season is traditionally a period of peak consumption, when we go all out on gifts and food. From the tree you buy to the food you eat, everything — no matter how big or small can make a huge difference. Here are a few tips to help you contribute to a greener, more sustainable Christmas...

- 1. Rethink Wrapping paper
 - Use old newspapers, fabric, old calendars or plain brown paper
 - Use fabric bags that can be re-used.
 - Use paper gift bags that can be re-used.
 - Save gift wrap for future use
 - Look for paper that can be recycled
- 2. Buy gifts with less packaging
- 3. Give experiences instead of goods making memories!
- 4. Reduce your food waste by buying only what you need and minimize the leftovers. If you do have leftovers, share them with others instead of the landfill.





The Shed at 142 Massey Road



Thanks to parishioner Nadine Smith, our shed at 142 Massey Road has had a much-needed makeover! Nadine arranged for an artist friend to paint the shed for us, and discourage future graffiti

Sidewalk Snow Clearing and Free Sand

Effective January 1, 2022, all property owners citywide must clear sidewalks following a snow or ice event. City Council approved <u>Sidewalk Snow Clearing</u> as part of The Clean Property Bylaw to help keep our neighbourhood sidewalks accessible for everyone. The city provides sand at various locations for residents who need it to make icy sidewalks and driveways safe. There is a map and a list of locations at this link: Regina Snow & Ice Control

Eco-Friendly De-Icer

Mix 1 cup of warm water, and 3 cups of white vinegar in a bowl. Stir well and pour it in a clean spray bottle. Spray this solution on windshields and car windows to remove snow and ice. The vinegar solution will keep ice from forming overnight even when snow falls on the windows.

We acknowledge that we are on Treaty 4 territory, the original and traditional lands of the Nehiwayak (Cree), Saulteaux, Assiniboine and Metis Nations. We respect and honor the Treaties that were made on all territories; we acknowledge the harms and mistakes of the past; we are committed to moving forward in partnership with Indigenous Nations in the spirit of reconciliation and collaboration.

Winterizing Your Home

Whether you rent or own, there are inexpensive and easy things you can do around the home to cut your energy demand and save some money. Here are a few things to get you started.

- 1. Draft-proof your home
- 2. Insulate your windows
- 3. Reverse your ceiling fans
- 4. Change your furnace filters
- 5. Heat the people, not the space
- 6. Mind your thermostat

For details on these ideas, go to <u>David Suzuki</u> Winterize

Unplug, unplug, unplug

Even if your appliances are powered off, they still consume energy as long as they're plugged in. This "vampire power" can account for up to 10% of all electricity consumed in a Canadian home. So unplug and save on your power bill!

Christmas Decorating with Snowflakes

Do you knit or crochet? Looking for a way to use up odds and ends of wool? Look no further — here is a link to a crochet pattern for Snowflakes and another one for Knitted Snowflakes





And for those of you who don't knit or crochet, you can make paper snowflakes from any kind of paper that you are ready to recycle— see the YouTube video Here

Send pictures of your

creations to: info@immanuelanglicanregina.ca

SARCAN – Drop and Go for Immanuel! SARCAN A DIVISION OF SARC

Many thanks to those who continue to donate their Sarcan refunds to Immanuel. We now have \$360.00

The code is our phone number 3065864420

What did you do with your Hallowe'en Pumpkin?

Here is Jenny's pumpkin, cut up and baked in the oven until soft, then mashed with an immersion blender and packaged into 1 cup portions ready for the freezer.







Maegan made some delicious soup with hers!

Here's a link to the recipe: Pumpkin Soup

It's Cold Outside!

And not everyone has a warm place to stay and warm clothing. If you have extra warm clothing and blankets, the Salvation Army's Waterston Centre located at 1845 Osler St. is welcoming donations. They are open 24/7 for donations.

Note that our next issue will be at the end of January *Merry Christmas everyone!*



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